



*ROSARY NOVENA*  
TO OUR LADY

## *Method of Praying the Novena*

The 54 Day Rosary Novena consists of five decades of the Rosary each day for 27 days in petition; then immediately five decades each day for 27 days in thanksgiving, whether or not the request has been granted. On the first day meditate on the Joyful Mysteries; on the second day the Sorrowful Mysteries; on the third day the Glorious Mysteries and so on throughout the 54 days. Follow the format of the prayers for each of the mysteries as outlined here.

This is an arduous novena but it is a novena of love. If you are sincere, you will not find it difficult to obtain your request. Should you not obtain the favour you seek, be assured that the Rosary Queen, who knows what each one stands most in need of, has heard your prayer. You will not have prayed in vain. No prayer ever went unheard and Our Blessed Lady has never been known to fail.

Look upon each *Hail Mary* as a rare and beautiful rose which you lay at Mary's feet. These spiritual roses, bound in a wreath with Spiritual Communions, will be a most pleasing and acceptable gift to her and will bring down upon you special graces.

## The Joyful Mysteries

*Prayer before the recitation:  
1 x The Sign of the Cross, 1 x Hail Mary*

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of snow-white roses, to remind you of your joys. Each ten bound together, recalling to you a joyful mystery, with my petition for a particular grace.

*In Petition:*

O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

*In Thanksgiving:*

O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

*1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.*

## First Joyful Mystery – The Annunciation

Sweet Mother Mary, meditating on the Mystery of the Annunciation, when the angel Gabriel appeared to you with the news that you were to become the Mother of God. He greeted you with that sublime salutation, "Hail, full of grace! The Lord is with thee!" and you did humbly submit yourself to the will of the Father, responding: "Behold the handmaid of the Lord. Be it done unto me according to thy word." I humbly pray...

*1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.*

I bind these snow-white roses with a petition for the grace of humility and humbly lay this bouquet at your feet.

## Second Joyful Mystery – The Visitation

Sweet Mother Mary, meditating on the Mystery of the Visitation, when, upon your visit to your holy cousin, Elizabeth, she greeted you with the prophetic utterance, “Blessed art thou among women, and blessed is the fruit of thy womb!” and you answered with that canticle of canticles, the Magnificat. I humbly pray...

*1 x Our Father, 10 x Hail Marys, 1 x Glory Be and 1 x Fatima Prayer.*

I bind these snow-white roses with a petition for the grace of charity towards my neighbour and humbly lay this bouquet at your feet.

## Third Joyful Mystery – The Nativity

Sweet Mother Mary, meditating on the Mystery of the Nativity of Our Lord, when, your time being completed, you brought forth, O holy Virgin, the redeemer of the world in a stable at Bethlehem; whereupon choirs of angels filled the Heavens with their exultant song of praise – “Glory to God in the highest, and on Earth peace to men of goodwill.” I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these snow-white roses with a petition for the grace of detachment from the world and humbly lay this bouquet at your feet.

## Fourth Joyful Mystery – The Presentation

Sweet Mother Mary, meditating on the Mystery of the Presentation, when, in obedience to the Law of Moses, you presented the Child in the temple, where the holy prophet Simeon, taking the Child in his arms, offered thanks to God for allowing him to look upon his Saviour. I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these snow-white roses with a petition for the grace of purity and humbly lay this bouquet at your feet.

## Fifth Joyful Mystery – The Finding of the Child Jesus in the Temple

Sweet Mother Mary, meditating on the Mystery of the Finding of the Child Jesus in the Temple, when, having sought Him for three days, distressed and anxious at His absence, your heart was gladdened when you found Him in the temple speaking to the doctors; and upon your request, He obediently returned home. I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these snow-white roses with a petition for the grace of true wisdom and humbly lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries (*See last page*)

# The Sorrowful Mysteries

*1 x The Sign of the Cross, 1 x Hail Mary*

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of blood-red roses, in remembrance of the passion of your divine Son. Each ten bound together, recalling to you a sorrowful mystery, with my petition for a particular grace.

*In Petition:*

O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

*In Thanksgiving:*

O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

*1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.*

## First Sorrowful Mystery – The Agony in the Garden

Sorrowful Mother Mary, meditating on the Mystery of the Agony of Our Lord in the Garden, when, in the grotto of the Garden of Olives, Jesus saw the sins of the world unfolded before Him by Satan, who sought to dissuade Him from the sacrifice He was about to make; when, His soul shrinking from the sight, and His precious blood flowing from every pore at the vision of the torture and death He was to undergo, your own sufferings, dear Mother, the future sufferings of His Church, and His own sufferings in the Blessed Sacrament, He cried in anguish, "Abba! Father! If it be possible, let this chalice pass from Me!"; but, immediately resigning Himself to His Father's will, He prayed, "Not as I will, but as Thou wilt!" I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these blood-red roses with a petition for the grace of uniformity with the will of God and humbly lay this bouquet at your feet.

## Second Sorrowful Mystery – The Scourging at the Pillar

Sorrowful Mother Mary, meditating on the Mystery of the Scourging of Our Lord when, at Pilate's command, your divine Son, stripped and bound to a pillar, was lacerated from head to foot with cruel scourges and His flesh torn away until His mortified body could bear no more. I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these blood-red roses with a petition for the grace of mortifying my senses and lay this bouquet at your feet.

### Third Sorrowful Mystery – The Crowning With Thorns

Sorrowful Mother Mary, meditating on the Mystery of the Crowning of Our Lord with thorns, when, the soldiers, binding about His head a crown of sharp thorns, showered blows upon it, driving the thorns deeply into His head; then, in mock adoration, knelt before Him, crying, “Hail, King of the Jews!” I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these blood-red roses with a petition for the grace of courage in tough trials and lay this bouquet at your feet.

### Fourth Sorrowful Mystery – The Carrying of the Cross

Sorrowful Mother Mary, meditating on the Mystery of the Carrying of the Cross, when, with the heavy wood of the Cross upon His shoulders, your divine Son was dragged, weak and suffering, yet patient, through the streets, amidst the revilements of the people, to Calvary; falling often, but urged along by the cruel blows of His executioners.

I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these blood-red roses with a petition for the grace of patience in adversity and lay this bouquet at your feet.

### Fifth Sorrowful Mystery – The Crucifixion

Sorrowful Mother Mary, meditating on the Mystery of the Crucifixion, when, your divine Son was nailed to the cross, upon which He died after three hours of indescribable agony, during which time He begged His Father forgiveness of His enemies.

I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these blood-red roses with a petition for the grace of forgiveness and lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries *(See last page.)*



# The Glorious Mysteries

*1 x The Sign of the Cross, 1 x Hail Mary*

Hail! Queen of the Most Holy Rosary, my Mother Mary, hail! At your feet I humbly pray and offer you a crown of royal-purple roses, to remind you of your glories. Each ten bound together, recalling to you a glorious mystery, with my petition for a particular grace.

*In Petition:*

O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I humbly implore you to receive my petition; from your bounty I rest assured that you will grant me the favour I so trustingly seek.

*In Thanksgiving:*

O Holy Queen, dispenser of God's graces and mother of all who invoke your holy name. Do not look upon my gift and fail to see its binding. As you graciously receive my gift, I kindly implore you to receive my thanksgiving; from your bounty you have granted me the favour I so trustingly sought.

*1 x Apostles' Creed, 1 x Our Father, 3 x Hail Marys and 1 x Glory Be.*

## First Glorious Mystery – The Resurrection

Glorious Mother Mary, meditating on the Mystery of the Resurrection of Our Lord from the Dead, when, on the morning of the third day after His death and burial, He arose from the dead and appeared to you, dear Mother, and filled your heart with unspeakable joy; then appeared to the holy women and to His disciples, who adored Him as their risen God.

I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these royal-purple roses with a petition for the grace of faith and lay this bouquet at your feet.

## Second Glorious Mystery – Ascension

Glorious Mother Mary, meditating on the Mystery of the Ascension, when your divine Son, after forty days on Earth, went to Mount Olivet accompanied by His disciples, where they adored Him for the last time, after which He promised to remain with them until the end of the world; then, extending His pierced hands over them in a last blessing, He ascended into heaven.

I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these royal-purple roses with a petition for the grace of desire for Heaven and lay this bouquet at your feet.

## Third Glorious Mystery – The Descent of the Holy Spirit

Glorious Mother Mary, meditating on the Mystery of the Descent of the Holy Spirit, when, the Apostles being assembled in a house in Jerusalem, the Holy Spirit descended upon them in the form of fiery tongues, inflaming the hearts of the Apostles with the fire of divine love, teaching them all truths and giving to them the gift of tongues. I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these royal-purple roses with a petition for the grace of receiving the Holy Spirit and lay this bouquet at your feet.

## Fourth Glorious Mystery – The Assumption of Our Blessed Mother Into Heaven

Glorious Mother Mary, meditating on the Mystery of your Assumption into Heaven, when, consumed with the desire to be united with your divine Son, your soul departed from your body and united itself to Him, Who, out of the excessive love He bore for you, His Mother, whose virginal body was His first tabernacle, took that body into Heaven and there, amidst the acclaims of the angels and saints, fused into it your soul.

I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these royal-purple roses with a petition for the grace of true devotion to you, dear mother, and lay this bouquet at your feet.

## Fifth Glorious Mystery – The Coronation of Our Blessed Mother Mary

Glorious Mother Mary, meditating on the Mystery of your Coronation in Heaven, when, upon being taken up, you were triply crowned as the August Queen of Heaven by God the Father as His beloved daughter, by God the Son as His dearest mother, and by God the Holy Spirit as His chosen spouse; the most perfect adorer of the Blessed Trinity, pleading our cause as our most powerful and merciful mother, through you, I humbly pray...

*1 x Our Father, 10 x Hail Marys,  
1 x Glory Be and 1 x Fatima Prayer.*

I bind these royal-purple roses with a petition for the grace of trust in your intercession and lay this bouquet at your feet.

1 x The Concluding Prayers for all the Mysteries (*See last page.*)



# The Concluding Prayers for all the Mysteries

The following prayers are said after all the five mysteries for any category are completed.

## Spiritual Communion

My Jesus, really present in the most Holy Sacrament of the altar, since I cannot now receive you under the Sacramental Veil, I beseech you, with a heart full of love and longing, to come spiritually into my soul through the immaculate heart of Your most Holy Mother, and abide with me forever; Thou in me, and I in thee, in time and in eternity, in Mary.

### *In Petition:*

Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow. O my Mother! Look with favour upon my gift, and in your love obtain for me (*specify request here*).

*Hail Mary...*

### *In Thanksgiving:*

Sweet Mother Mary, I offer you this Spiritual Communion to bind my bouquets in a wreath to place upon your brow in thanksgiving for (*specify request here*). *Hail Mary...*

May the Divine assistance remain always with us; and may the souls of the Faithful departed, rest in peace. Amen.

O Virgin Mother with thy loving Child, thy blessing give to us this (night / day). Amen.



Here is a table to help you pray the 54-day Rosary Novena.																	
In Petition									In Thanksgiving								
1 J	2 S	3 G	4 J	5 S	6 G	7 J	8 S	9 G	1 J	2 S	3 G	4 J	5 S	6 G	7 J	8 S	9 G
10 J	11 S	12 G	13 J	14 S	15 G	16 J	17 S	18 G	10 J	11 S	12 G	13 J	14 S	15 G	16 J	17 S	18 G
19 J	20 S	21 G	22 J	23 S	24 G	25 J	26 S	27 G	19 J	20 S	21 G	22 J	23 S	24 G	25 J	26 S	27 G